



State of Vermont
Department of Health
 St. Johnsbury District Office
 107 Eastern Ave; Suite 9
 St. Johnsbury, VT 05819
 HealthVermont.gov

[phone] 802-748-5151
 [fax] 802-751-3229
 [toll free] 800-952-2936

Agency of Human Services

Vermont Department of Health Report for Lyndon, VT

The St. Johnsbury District Office, which serves Caledonia County, the Southern portion of Essex County, and the towns of Wells River and Topsham, in Orange County, is located at 107 Eastern Avenue; The Annex at Windhorse Commons, in downtown St. Johnsbury. We, here at the Vermont Department of Health, are working to ensure that Vermont remains among the healthiest states to live, work, and raise a family. With our headquarters and laboratory in Burlington and 12 district offices around the state, we deliver a wide range of public health services and support to your community. For example, in 2014 the Health Department:

Supported healthy communities: Northeastern Vermont Regional Hospital was awarded \$45,000 annually for the next 3 years to help Vermonters become tobacco free. The Caledonia/Essex Supervisory Union received a School based Substance Abuse Services Grant, to provide prevention and education surrounding substance abuse issues.

Provided WIC food and nutrition education to families: Statewide, the Vermont Department of Health's, Women, Infants and Children Supplemental Nutrition Program (WIC), serves about half of all Vermont families. WIC staff provide participants with individualized nutrition education and breastfeeding support. The program provides healthy foods to pregnant women, and children up to age 5. In the St. Johnsbury district, 1486 women, infants and children were enrolled in WIC.

Worked to prevent and control the spread of disease: From January to September in 2014 Vermont Department of Health staff responded to 387 cases of infectious disease in Caledonia and Essex Counties. In 2013, \$13,079,279.71 of vaccine for vaccine-preventable diseases was distributed to healthcare providers statewide; \$673,234.15 of which was in your district's area.

Facilitated discussion on opiate addiction: Following the Governor's Forum on Opiate Addiction, regional meetings took place around the state. The regional team in St. Johnsbury, known as the Drug Abuse Resistance Team (DART) 2.0, has been meeting monthly since November 2013 with at least 30 people attending each meeting. DART 2.0 is promoting increased prevention activities and increased supportive housing opportunities for those impacted directly by substance abuse. Leaders from across various community sectors recognize that substance abuse greatly impacts the vitality of our communities.

We look forward to serving you in the coming year.

Sincerely,

Twyla deNeergaard
Public Health Nursing Supervisor

